

Exercise: Gambling High-Risk Situation

Facilitator Instructions

Pre-exercise

1. Print pages 2 to 5 of this document – these are your four RISK cards.
2. Print pages 6 to 15 of this document – these are your SCENARIO cards.

The exercise

1. Lay the four RISK cards on the floor of your training space.
2. Each participant is given a SCENARIO card.
3. Participants are asked to place their SCENARIO card next to the RISK card they think most appropriate.

No Risk

ABACUS Counselling Training & Supervision Ltd **NZQA reg** | **Phone** 09 360 6957

Email office@acts.co.nz **Web** www.acts.co.nz | **Mail** PO Box 90710 Victoria Street West, Auckland 1142

Low Risk

ABACUS Counselling Training & Supervision Ltd **NZQA reg** | **Phone** 09 360 6957

Email office@acts.co.nz **Web** www.acts.co.nz | **Mail** PO Box 90710 Victoria Street West, Auckland 1142

Medium Risk

ABACUS Counselling Training & Supervision Ltd **NZQA reg** | **Phone** 09 360 6957

Email office@acts.co.nz **Web** www.acts.co.nz | **Mail** PO Box 90710 Victoria Street West, Auckland 1142

High Risk

ABACUS Counselling Training & Supervision Ltd **NZQA reg** | **Phone** 09 360 6957

Email office@acts.co.nz **Web** www.acts.co.nz | **Mail** PO Box 90710 Victoria Street West, Auckland 1142

You are tired and feeling stressed and also a little bored and would like some excitement or a bit of fun – you decide to go into town and see what happens.

You have self-excluded from your local pub, so you can't play the pokies there. You decide you'll go to the casino because there is a good band there tonight and you like to dance.

Your friend that you used to go to the pokies with, has phoned and asked if you would like to go out for a drink and a meal. You have said “yes”.

You have been excluded from your local pub because they thought you have problems with your gambling. You decide to go there for a drink with a couple of friends, and even though you can't go in the gaming room, you can watch your friends play your favourite machine.

You are playing video games on your computer and an overseas gambling site pops up on your screen offering \$200 free credits to go and look at their virtual casino.

You have decided you do not want to have any kind of gambling in your life, but when you get a birthday present from an old friend, there is a scratch card and a lotto ticket in the birthday card.

Your office is holding a big sweepstake for the Melbourne Cup and the prize is \$200. The receptionist asks if you are 'in to win'.

You have done a 'multi-venue exclusion' so you can't play pokies. You have gone to your local for a drink because it's your friend's birthday and you have had a lot to drink. You can hear the sounds of coins dropping as someone has won a jackpot.

You went to the RSA and have just won the meat raffle – you start thinking it's your lucky day!

You have been worrying a lot lately about how much you have been spending on gambling and want to stop. You have been doing well with this, but it's payday – you have just been given a bonus (extra \$200) that your partner doesn't know about.