

# Relapse Prevention Plan

Early Warning Signs		
High-risk Situations	Management Strategies	Reward
General Strategies to Use in an Emergency		
Extra Skills Needed	How to Get Them	

Source: Adapted from – Matua Raki 2010. *Interventions and Treatment for Problematic Use of Methamphetamine and Other Amphetamine-Type Stimulants*. Wellington: Ministry of Health.

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